

Athletic Training Room (ATR) Information:

Panorama Orthopedics & Spine has partnered with Jefferson County Public Schools to provide Athletic Training services to all CHSAA sanctioned athletics. The Athletic Trainers are hired by Panorama and outsourced to their perspective schools and are responsible for coverage to all varsity events. Along with providing the Athletics Trainers to the schools, Panorama Orthopedics provides a free orthopedic clinic called "Bumps & Bruises" every Saturday from 8:00am-10am at both the Highlands Ranch and Golden locations. This service runs from early September through early November. *See the attached PDF below for additional information.*

[Bumps and Bruises](#)

About your Athletic Trainer:

Hello, my name is Jason Dayton and I am a Licensed, Board Certified Athletic Trainer. I obtained my Master's degree in Exercise Science with a concentration in Rehabilitation from California University of Pennsylvania. I graduated with a Bachelor's degree in Human Performance & Sport with a concentration in Athletic Training from Metropolitan State University of Denver. Additionally, I am a Corrective Exercise & Performance Enhancement Specialist certified through the National Academy of Sports Medicine. I have been at Dakota Ridge since the fall of 2012 and I enjoy coming to work every day in such a wonderful setting and truly feel like a part of the community. When I'm not working in the athletic training room I also work for a Physical Therapy clinic in the DTC helping collegiate football players recover and prepare for the NFL. My ultimate dream job is to one day work on the sidelines for the Denver Broncos!!!

Athletic Trainer:

Jason Dayton MS, LAT, ATC, CES, PES

Training Room Hours: Monday through Friday 2pm-6pm (August 1st-May 31st)

(unless a varsity event is being held off campus)

Email: Jason.Dayton@jeffco.k12.co.us

Phone: (303) 982-1877

Supervisor:

Catherine West, ATC

Email: cbaumgartneratc@hotmail.com

Phone: (720) 312-1891

Links and Information:

[Panorama Concussion Information](#)

[Chronic Traumatic Encephalopathy](#)

[NCAA Concussion Research & Information](#)

[CHSAA Sports Medicine](#)

Need a physical? These are some options: [Littleton Chiropractic](#) or [Pure Family Medicine](#)

[Blank Physical Form](#)

